

FASCINATION AYURVEDA – Eastern Wisdom Meets Western Science

3rd EUROPEAN AYURVEDA CONGRESS

30th Anniversary of the German Ayurveda Association
– organised in cooperation of DGA and EURAMA –
Gotischer Saal, Schmiedehof 17, 10965 Berlin, Germany
15 – 17 November 2013

DEUTSCHE GESELLSCHAFT FÜR

A Y U R V E D A

GEGRÜNDET 1983



Draft Programme *

Friday, 15 November 2013

8.00 – 10.00 p.m.
Maharishi Ayurveda: A gentle Medicine for a noisy Time
Celebratory speech
Dr. Ulrich Bauhofer – President of DGA

Saturday, 16 November 2013 Session 1

9.30 a.m.
Ayurveda in General Practice: Case Histories of reliable Therapies
Dr. Wolfgang Schachinger – President of EURAMA

9.50 a.m.
Charaka and Sushruta – the Sources of Ayurvedic Knowledge
Dr. Renate Syed – Private lecturer for Indology at the LMU Munich

10.10 a.m.
Whole medical Systems and Integrative Medizin
Prof. Dr. Andreas Michalsen – Charité - Universitätsmedizin Berlin / Immanuel Krankenhaus Berlin

10.30 a.m.
The Bowel-Brain-Axis. Ama, Agni and their Relevance for the Pathogenesis of neurologic Disorders
Prof. Dr. Horst Przuntek – Universitätsklinikum Ruhr-Universität Bochum

11.00 a.m. Tea Break

11.20 a.m.
Marma Therapy for Burnout, chronic Fatigue Syndrome and other Disorders
- Introduction into the classic Sukshma Marma Therapy
Dr. Ernst Schrott – Vice President of the DGA

11.40 a.m.
The perspectives of Ayurveda in Berlin: Research, Politics and Lobbying
Dr. Christian Kessler – Charité - Universitätsmedizin Berlin / Immanuel Krankenhaus Berlin

12.10 m.
How can Ayurveda in India melt with Ayurveda in Europe?
Panel Discussion 1

1.00 p.m. Lunch Break

Session 2

3.00 p.m.
Minimal invasive Ayurvedic parasurgical Measures like Ksharsutra
Dr. Gandhidas S. Lavekar – Director Central Council of Research in Ayurveda (not yet confirmed)

3.20 p.m.
MIND-BODY-HEART. The mind approach of Ayurveda – meditation in preventing and treating cardiovascular disease
Dr. Robert Schneider – Medical College of Wisconsin and Institute of Natural Medicine and Prevention of Maharishi University of Management

4.00 p.m. Tea Break

4.30 p.m. **Johannes Warth** – Cabaret Artist: 30

5.30 p.m.
Boswellia Acids for autoimmune Diabetes? Results of Animal Experiments
Prof. Dr. H.P.T. Ammon (emer.), Institute of Pharmacy – Pharmacology, Toxicology and Clinical Pharmacy of Tübingen University

5.50 p.m.
How to ensure Ayurvedic Healthcare in Europe?
Panel Discussion 2

6.15 p.m. Break (Group Meditation and Supper)

8.30 p.m. **Pandit Ranajit Sengupta**: Classic Indian Gandharva Veda Sarod Concert

Sunday, 17 November 2013

10.00 a.m. – 1.00 p.m.

Workshop of the German Ayurveda Academy

Marma Therapy in Theory and Practice

Dr. Ernst Schrott – Vice President of the DGA, Director German Ayurveda Academy

Please note that a separate registration is required.

Deutsche Gesellschaft für Ayurveda e. V. (DGA)
c/o Hufelandgesellschaft
Chausseestraße 29, 10115 Berlin
Tel: +49 06541 5817 | +49 0180 5012326
info@ayurveda-gesellschaft.de
www.ayurveda.de

European Ayurveda Medical Association (EURAMA)
Europäische Ayurveda Ärzte-Gesellschaft
Mayergasse 3/1, 1020 Wien
Tel: +43 0650 7515787
info@ayurveda-association.eu
www.ayurveda-association.eu

* The programme and all details are subject to changes.